

I am writing to you with deep remorse and profound humility. First and foremost, I want to fully acknowledge the pain my actions have caused and offer my sincerest apologies. I understand that no words can truly ease the suffering you have experienced.

I am not seeking to erase the past or seek your forgiveness, nor am I trying to justify my behavior. I fully recognize the seriousness of what I have done and accept full responsibility for my actions and their consequences.

By violating your privacy, security, and dignity, I betrayed your trust and disregarded your fundamental right to respect. This transgression is particularly reprehensible because it occurred within the context of my medical practice. As a physician, my duty was to protect and heal, not to exploit my position of authority in direct violation of all ethical and professional principles. These actions constituted grave offenses with significant repercussions.

I am acutely aware of the profound emotional distress I have inflicted upon you and your loved ones, as well as the far-reaching impact of my actions on every aspect of your life: your studies disrupted by an inability to focus; your career prospects compromised by insecurity and the inability to engage fully; your friendships strained by mistrust; and, most critically, your capacity to form intimate relationships where trust is essential for any meaningful connection. I will never downplay the severity of this betrayal or the lasting impact of its consequences on your life.

My journey and in-depth personal work, begun early and supported by rehabilitation programs and intensive therapy, demonstrate the authenticity of my introspection and provide tangible evidence of my rehabilitation and my commitment to treating others with respect, dignity, and integrity.

It is with profound humility and a clear understanding of the gravity of my actions that I offer you these sincere words.